

Evaluating the Effectiveness of Youth Mental Health First Aid (YMHFA) training among Asian Americans: A Randomized Controlled Trial Study Mazneen Havewala, M.A., and Cixin Wang, Ph.D.

Introduction		D o creste
Introduction	Method	Results
YMHFA is an evidence-based program that teaches adults signs and symptoms of common adolescent mental health illnesses, and appropriately supporting youth experiencing distress/crises.		
There are 31 published studies on effectiveness of MHFA in US;		